Complete Health Chiropractic

Policies & Procedures

Welcome to Complete Health Chiropractic

It is our desire to bring you a quality experience, one that will offer you a personal benefit to leading a healthier lifestyle. The following information will explain the policies and procedures of Complete Health Chiropractic massage therapy.

Appointments

Appointments are scheduled every hour and fifteen minutes. Please try to arrive on time for your appointment. Late arrival may result in needing to reschedule your appointment on a later date. New clients should arrive 15 minutes early to fill out the appropriate paperwork. If you are an established client it will be vitally important for you to supply us with any recent changes in your medical history. In the event you will not be able to make your scheduled appointment, please call so we may reserve your spot for someone else.

<u>Hygiene</u>

Please arrive, fully bathed and without the use of heavy aftershaves, colognes or perfumes as to not affect other clients with possible allergic conditions. Please notify your therapist of any rashes, cuts, scrapes, or open wounds you may have on your body.

Drugs & Alcohol

Massage may increase the effect of some drugs and alcohol and therefore, massage would not be helpful to your well being under such influence. Massage will not be performed if you arrive intoxicated or under the influence. It is vital that you inform us of the medications you are currently taking.

<u>Cellular Phones & Pagers</u>

Please be courteous to other clients and turn off your electronic devices prior to entering the clinic.

Health Screen

It is important that we have pertinent information regarding your past and present state of health. In certain cases, we may ask your permission to contact your physician. Anyone with a severe condition (i.e. heart condition, cancer, uncontrolled diabetes and hypertension) or those on certain prescription medications may be required to get a doctor's permission before receiving a massage. In event that this occurs a script from the doctor must be given to Complete Health Chiropractic prior to a scheduled appointment.

Pregnancy

It is very important to notify your massage therapist if you think you are pregnant or are trying to become pregnant. Women in their first trimester of pregnancy should avoid massage as a result of potential health risks.

Draping

Our clinic follows strict draping policies during the massage session. The only part of you that will ever be exposed is the body part that is being worked on. At all other times it is required that you are fully covered by a sheet or blanket. We understand that all clients have varying levels of modesty, as well as different experiences with massage therapy. However, draping protocols will be adhered to in this clinic or the session will be terminated.

Inappropriate Behavior

No sexual intonation or behavior on part of the client or therapist will be tolerated. If this is not followed the session will be terminated and the appropriate legal action will be taken.

Thank you for visiting Complete Health Chiropractic for your massage service today. We appreciate your business and encourage suggestions and comments.

Please sign, date and return to staff. By signing below, you understand and agree to adhere to the above mentioned policies and procedures. Failure to abide by the above may result in the termination of your session. Complete Health Chiropractic reserves the right to decline service at any time.